

SUMMER checklist

- ☒ Sunscreen
- ☒ Bugspray
- ☒ Swim suits
- ☒ Water bottles
- ☒ Snacks
- ☒ Kayaks
- ☐ Life jackets
- ☐ _____
- ☐ _____

To request a life jacket at your child's next appointment call:

Ho-Chunk Health Care Center 715.284.9851

House of Wellness 608.340.1240