



# HO-CHUNK NATION DEPARTMENT OF HEALTH



March 11, 2020

COVID-19 was upgraded to pandemic classification Wednesday, March 11, 2020. In order to limit community impact, we recommend limiting community gatherings at this time.

Populations at higher risk of developing serious complications from COVID-19 include:

- Elders
- People with severe chronic medical conditions including
  - Heart disease
  - Diabetes
  - Lung disease

This population should avoid crowds and travel.

To prevent spread of COVID-19 in the community

- Stay home if you are sick
- Stay home if you have a fever
- Frequently wash your hands with soap and water for 20 seconds
- Use hand sanitizer that is at least 60% alcohol
- Disinfect surfaces regularly
- Do not shake hands
- Avoid touching your face
- Avoid close contact with sick people

Organizers of meetings and gatherings should consider video or teleconferencing as an alternative.

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