

Next Steps: while you wait for your COVID-19 test results



If you've been exposed to COVID-19: Quarantine at home if you are not up to date with COVID-19 vaccinations, wear a well-fitting mask, and monitor for symptoms while you wait for your test results. If you are up to date with COVID-19 vaccinations, you do not need to quarantine but should still monitor for symptoms and wear a well-fitting mask around others in your home and in public.

If you have symptoms of COVID-19: Separate yourself from others in your home, monitor for new or worsening symptoms, and wear a well-fitting mask while you wait for your test results regardless of your vaccination status.



Protect yourself and others

- Stay away from others while you wait for your test results.
- Wear a well-fitting mask when you are around others in your home and in public while you wait for your test results.
- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer with 60% alcohol if you don't have soap and water.
- Clean "high-touch" surfaces every day (such as tabletops, doorknobs, phones, and keyboards).
- Do not touch your eyes, nose and mouth if you haven't washed your hands.



Self-monitor for symptoms

- Keep track of when you have any new symptoms.
- Check your temperature two times a day.
- If you are sick, keep a daily record of fever, cough, and any other symptoms.
- If your symptoms get worse, contact your health care provider. If you are having a medical emergency, call 911.

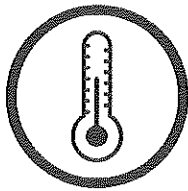
For more information, visit: www.dhs.wi.gov/covid-19/symptoms.htm.

What to do with your COVID-19 test result

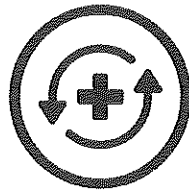
Positive test result? Isolate at home and separate yourself from others.

- **Do not leave your home.** Do not go to work or school. Do not travel or use public transportation.
- **Notify your close contacts you have COVID-19.** Close contacts who are not up to date with COVID-19 vaccinations should quarantine, including household members.
- **Watch for symptoms.** Call 911 immediately if you need emergency medical care and tell them that you have COVID-19.
- **Wear a well-fitting mask when around others.**
- **Postpone non-urgent medical appointments.**

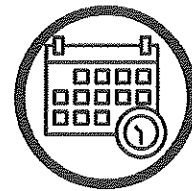
When is isolation over?



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You have been **fever-free** for at least **24 hours** without using medicine that reduces fevers

Your other **symptoms** have **improved** for at least 24 hours

At least **5 days** have passed since you first had symptoms or tested positive (if you don't have symptoms)

Wear a well-fitting mask when around others for an additional 5 days after your isolation period. If your symptoms don't improve after 5 days, wait to end your isolation period until they improve.

Negative test result? You likely do not have COVID-19 at this time.

Are you a close contact of someone with COVID-19?

If you are not up to date with COVID-19 vaccinations, quarantine at home for at least 5 days and wear a well-fitting mask for an additional 5 days. Get tested at least 5 days after your last close contact. If you test negative, you can end quarantine but should continue to wear a well-fitting mask for an additional 5 days. If you test positive, immediately isolate.

If are up to date with COVID-19 vaccinations (including booster and additional doses), you do not have to quarantine. However, you should still get tested at least 5 days after last close contact and wear a well-fitting mask for 10 days.

Want to learn more?

- Information for close contacts: www.dhs.wi.gov/covid-19/close-contacts.htm
- Information for those with COVID-19: www.dhs.wi.gov/covid-19/ Diagnosed.htm

