



HO-CHUNK NATION DEPARTMENT OF HEALTH



MEDIA RELEASE

FOR IMMEDIATE RELEASE

June 16, 2022

CONTACT: Kiana Beaudin, Ho-Chunk Nation Health Department Health Officer, 715-284-9851

RE: COVID-19 community exposure notice

The Ho-Chunk Nation Department of Health has recently seen a spike in cases of COVID-19 within our community. The Department of Health staff are unsure of the number of people exposed at this time. To prevent further spread within our community we recommend that the follow actions be taken:

- Do not attend large community events if you have symptoms of COVID-19, even mild allergy-like symptoms.
- If you test positive for COVID-19 with a home test please do not attend large gatherings. You can get a confirmatory test at one of our testing sites at the Ho-Chunk Health Care Center or House of Wellness Clinic.
- If planning on attending future, large community gatherings plan ahead and get tested. We have free testing available at the Ho-Chunk Health Care Center and the House of Wellness.
 - Please plan to test at least 2 business days before the event so that the results are back before the event.

Symptoms of COVID-19 may include cough, tiredness, muscle aches, fever, difficulty breathing, loss of smell/taste and sore throat. Rarely, some people may develop an upset stomach. **If any symptoms develop please seek testing immediately and ask about possible treatment options available to you.** Walk-up testing is available through the mobile units behind HHCC and HOW. If you are not feeling any symptoms but would still like to test the best time to test is 5 days following your last exposure.

The Department of Health strongly encourages everyone to get their COVID-19 vaccination, including staying up to date on booster doses. This is especially important for those over the age of 50. Please continue to wash your hands with soap and water, use hand sanitizer and routinely disinfect commonly touched surfaces within your home.

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